



OPEN DOORS

PARENT/CAREGIVER SUPPORT GROUP

Open to the Community

WHY A SUPPORT GROUP?

To provide parents and caregivers who are raising a child/youth with mental health/emotional/behavioral challenges a safe place to vent, share support, information, solutions and resources. In addition to support, these groups also offer training, workgroups and special topics.

WHO?

For Parents and Caregivers who are raising a child/youth with mental health /emotional /behavioral challenges.

WHERE?

Parent Resource Center
24300 Las Brisas Rd. North
Murrieta, 92562
2nd Wednesday of each month 3:30-5:30PM
951-358-6858 – Valai Brown

San Jacinto Clinic
950 Ramona Blvd., Ste. 2
San Jacinto, 92582
2nd Tuesday of each month 5:30-7:30PM
951-487-2674 – Alicia Arredondo

Children's Case Management Building
9707 Magnolia Ave.
Riverside, 92503
4th Thursday of each month 6-8PM
951-358-6858 – Lisa Guynn or Maria Kidder
English and Spanish



For general information
(951) 358-3622 or (888) 358-3622
<http://mentalhealth.rcmhd.org>

